

# Nipissing District Housing Resource Guide

Last Updated November 2023



North East Region



# Acknowledgements

This Resource Guide was created as a housing navigation resource by the Developmental Services North East Region (DSOENER) Housing Navigators.

The guide is intended to help individuals with navigating housing and homelessness resources throughout the North Bay District.

This guide is not exhaustive and may not include all resources. If you are looking for services not mentioned here, you can also visit: <https://211ontario.ca/>

# Developmental Services Ontario North East Region (DSONER)

Developmental Services Ontario (DSO) is the access point for adult developmental services and supports funded by the MCCSS. There are nine regional DSO offices across Ontario that help adults with a developmental disability connect with services and supports in their communities.

Developmental Services Ontario North East Region (DSONER) includes the areas of Nipissing, Cochrane, Timiskaming, Parry Sound, Muskoka, and James Bay Coast.

**Connect with us!**



To find your local DSO, you can visit: <https://www.dsontario.ca/find-your-dso>

# DSONER Housing Navigation

Are you interested in learning about housing and support services beyond traditional Ministry funded options?

You may wish to connect with your local DSO Housing Navigators:



Call or email your DSONER Housing Navigator at:  
1-855-376-6673 Ext 231 or [b.pepe@lccare.ca](mailto:b.pepe@lccare.ca)

Learn how the DSO housing toolkit can help you create your own housing vision:

[www.dsontario.ca/resources/housing](http://www.dsontario.ca/resources/housing)



Developmental Services Ontario (DSO) helps adults with developmental disabilities find services and supports in their community.

# Table of Contents

- The District of Nipissing Social Services Administration Board** ..... [9](#)
- The Housing Continuum** ..... [10](#)
- Homelessness** ..... [11](#)
- Coordinated Access Nipissing** ..... [12](#)
- Coordinated Access Nipissing** ..... [13](#)
- Coordinated Access Nipissing** ..... [14](#)
- Homelessness Financial Assistance** ..... [15](#)
- Emergency Shelters** ..... [16](#)
- Emergency Shelters** ..... [17](#)
- Emergency Shelters** ..... [18](#)
- Supportive & Transitional Housing** ..... [19](#)
- Supportive & Transitional Housing** ..... [20](#)
- Social Housing** ..... [21](#)

# Table of Contents

<b>Social Housing</b>	<a href="#"><u>22</u></a>
<b>Applying for Social Housing</b>	<a href="#"><u>23</u></a>
<b>Affordable Rental Housing</b>	<a href="#"><u>24</u></a>
<b>Affordable Rental Housing</b>	<a href="#"><u>25</u></a>
<b>Co-Operative Housing</b>	<a href="#"><u>26</u></a>
<b>Co-Operative Housing</b>	<a href="#"><u>27</u></a>
<b>Affordable Home Ownership</b>	<a href="#"><u>28</u></a>
<b>Affordable Home Ownership</b>	<a href="#"><u>29</u></a>
<b>Market Rental Housing</b>	<a href="#"><u>30</u></a>
<b>Market Rental Housing</b>	<a href="#"><u>31</u></a>
<b>Searching for Market Rental Housing</b>	<a href="#"><u>32</u></a>
<b>Things to Consider</b>	<a href="#"><u>33</u></a>
<b>Landlord Responsibilities</b>	<a href="#"><u>34</u></a>
<b>Tenant Responsibilities</b>	<a href="#"><u>35</u></a>
<b>Eviction Process</b>	<a href="#"><u>36</u></a>

# Table of Contents

<b>Facing Eviction Resources</b>	<a href="#"><u>37</u></a>
<b>Tenant Rights</b>	<a href="#"><u>38</u></a>
<b>Legal Aid</b>	<a href="#"><u>39</u></a>
<b>Market Home Ownership</b>	<a href="#"><u>40</u></a>
<b>Financial Assistance for Homeowners</b>	<a href="#"><u>41</u></a>
<b>Indigenous Resources</b>	<a href="#"><u>42</u></a>
<b>North Bay Indigenous Friendship Centre</b>	<a href="#"><u>43</u></a>
<b>Indigenous Mental Health/Crisis</b>	<a href="#"><u>44</u></a>
<b>Indigenous Legal Resources</b>	<a href="#"><u>45</u></a>
<b>Indigenous Employment Supports</b>	<a href="#"><u>46</u></a>
<b>Indigenous Wellness Supports</b>	<a href="#"><u>47</u></a>
<b>Indigenous Housing Resources</b>	<a href="#"><u>48</u></a>
<b>Métis Nation of Ontario</b>	<a href="#"><u>49</u></a>
<b>North Bay Community Resources</b>	<a href="#"><u>50</u></a>
<b>Employment Supports</b>	<a href="#"><u>51</u></a>
<b>Post-Secondary Education</b>	<a href="#"><u>52</u></a>
<b>Community Supports</b>	<a href="#"><u>53</u></a>

# Table of Contents

<b>Home Supports</b>	<a href="#"><u>54</u></a>
<b>Mental Health &amp; Crisis Services</b>	<a href="#"><u>55</u></a>
<b>Food Banks</b>	<a href="#"><u>56</u></a>
<b>Free Community Meals</b>	<a href="#"><u>57</u></a>
<b>Meal Services</b>	<a href="#"><u>58</u></a>
<b>Clothing &amp; Household Items</b>	<a href="#"><u>59</u></a>
<b>Resources for Transitional Aged Youth</b>	<a href="#"><u>60</u></a>
<b>Youth Community Groups &amp; Recreation</b>	<a href="#"><u>61</u></a>
<b>Youth Housing Supports</b>	<a href="#"><u>62</u></a>
<b>Youth Employment Programs</b>	<a href="#"><u>63</u></a>
<b>Youth Legal Supports</b>	<a href="#"><u>64</u></a>
<b>Financial Assistance for Youth</b>	<a href="#"><u>65</u></a>



# District of Nipissing Social Service Administration Board



The [District of Nipissing Social Services Administration Board \(DNSSAB\)](#) is the Service Manager for the District of Nipissing.

Through **Housing Services**, the DNSSAB is responsible for the administration and funding of various social and affordable housing and homelessness programs in the Nipissing District.

## **DNSSAB Housing Services include:**

- Social and Affordable Housing programs
- Affordable Home Ownership programs
- Housing, Financial and Homelessness supports
- Coordinated Access for Homelessness Supports
- Rent Assistance Programs

## **Contact DNSSAB:**

**Located:** 200 McIntyre St. E., North Bay ON

**Hours:** Monday – Friday, 8:30am – 4:30pm

**Tel:** 705-474-2826

[housingaccess@dnssab.ca](mailto:housingaccess@dnssab.ca)

**For further contact information, you can visit:**

<https://www.dnssab.ca/housing-services/housing-contacts/>

**To find your local Service Manager, you can visit:** <https://www.ontario.ca/page/find-your-local-service-manager>

# The Housing Continuum

The full range of housing options that an individual may access over a lifetime, including temporary emergency shelters, transitional housing, social housing, affordable housing, affordable home ownership, market rental housing and market home ownership.



# Homelessness

Homelessness describes the situation of someone who is without stable, permanent and appropriate housing. The DNSSAB, as well as other local organizations operate programs to help residents who are experiencing homelessness, or who are at risk of becoming homeless.



# Coordinated Access Nipissing (CAN)



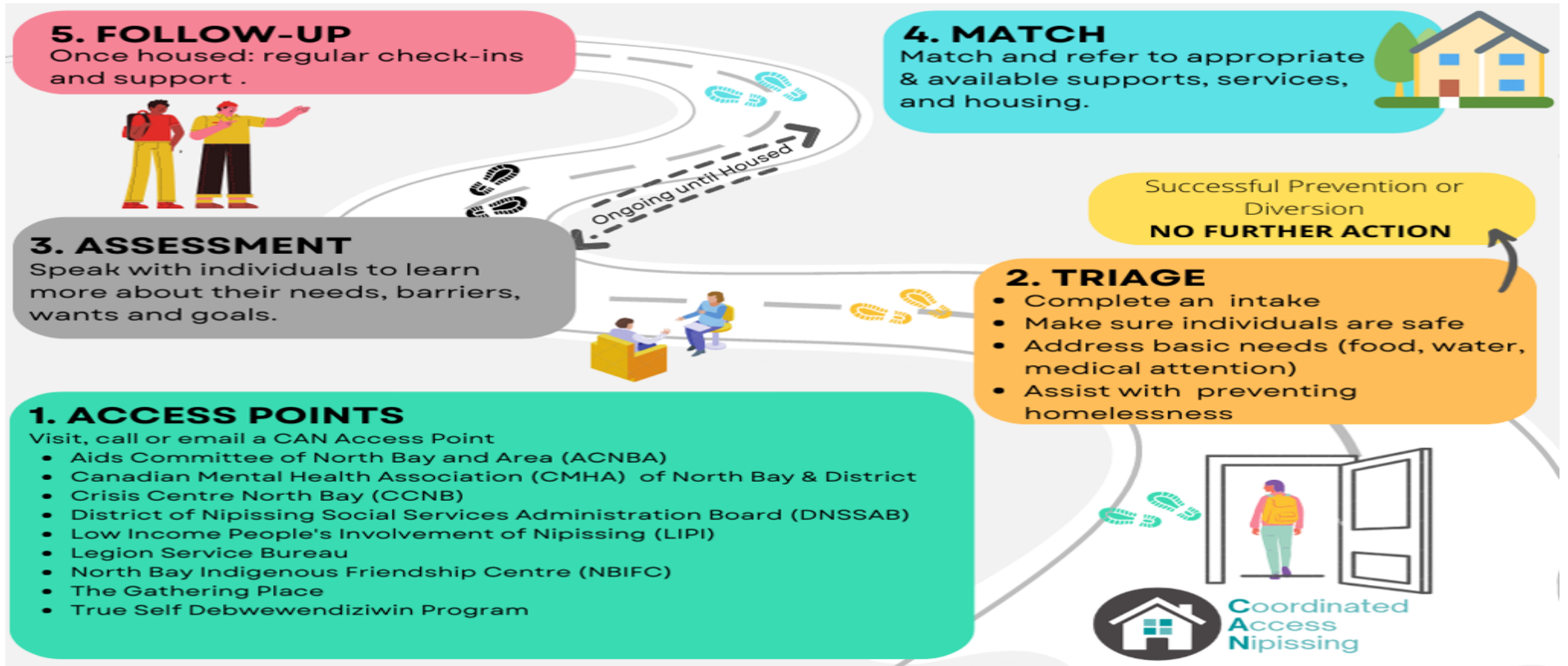
**Coordinated Access (CA)** is a standardized approach to match individuals experiencing or at risk of homelessness, with programs and services that will be best suited to serve their needs and ensure their long-term housing stability.

[Coordinated Access Nipissing \(CAN\)](#) is DNSSAB'S coordinated access system to address homelessness within the community.

## How it Works:

1. Individuals and families can contact [CAN Partner Agencies](#) for information, referrals, and/or support
2. Households will be asked to complete a common intake and consent form and will be given the option to add their name to the **By-Name List**
  - **The By-Name List** is a secure real-time list of all people experiencing homelessness in the district. This list is used to prioritize individuals and households based on their needs and to ensure no one falls through the cracks.
3. As services, supports, and housing options become available, individuals will be matched based on their needs and eligibility. Assessment and Matching services and supports continue until the individual is successfully housed
4. Once housed, **CAN** will continue to provide regular check ins and support for a follow-up period to ensure long-term housing success

# Coordinated Access Nipissing (CAN)



# Coordinated Access Nipissing (CAN) Partners

Partners	Contact & Details
<p><b>Crisis Centre of North Bay – Emergency Shelter</b></p>	<p>Tel: 705-474-1031  Hours: Daily, 24 hours (including holidays)  For more information, visit: <a href="http://www.crisiscentre-nb.on.ca/">http://www.crisiscentre-nb.on.ca/</a></p>
<p><b>Canadian Mental Health Association – North Bay and District</b></p>	<p>Tel: 705-476-4088  Hours: Monday-Friday, 8:00am – 4:00pm  For more information, visit: <a href="https://nbd.cmha.ca/">https://nbd.cmha.ca/</a></p>
<p><b>Aids Committee North Bay and Area (ACNBA)</b></p>	<p>Tel: 705-497-3560  Hours: Monday – Thursday, 8:30am – 4:00pm; Friday, 8:30am – 3:30pm  For more information, visit: <a href="https://aidsnorthbay.ca">https://aidsnorthbay.ca</a></p>
<p><b>District of Nipissing Social Services Administration Board (DNSSAB)</b></p>	<p>Tel: 705-474-2151  Hours: Monday-Friday, 8:30am – 4:30pm  For more information, visit: <a href="https://dnssab.ca">https://dnssab.ca</a></p>
<p><b>Legion Services Bureau</b></p>	<p>Tel: 705-472-1337  Hours: Monday-Friday, 8:30am – 4:30pm  For more information, visit: <a href="https://on.legion.ca">https://on.legion.ca</a></p>
<p><b>Low Income People Involvement of Nipissing</b></p>	<p>Tel: 705-476-4088  Hours: Monday, Wednesday, Thursday, Friday, 10:00am – 2:00pm  For more information, visit: <a href="https://nbd.cmha.ca/">https://nbd.cmha.ca/</a></p>
<p><b>North Bay Indigenous Friendship Centre (NBIFC)</b></p>	<p>Tel: 705-472-2811  Hours: Monday-Friday, 8:30am – 4:30pm  For more information, visit: <a href="https://nbifc.org">https://nbifc.org</a></p>
<p><b>The Gathering Place North Bay</b></p>	<p>Tel: 705-474-7687  Hours: Monday-Friday, 8:30am – 3:00pm  For more information, visit: <a href="https://thegatheringplacenorthbay.ca">https://thegatheringplacenorthbay.ca</a></p>



# Homelessness Financial Assistance

Through the DNSSAB, you may be eligible for benefits that will **help with rent or housing related bills**. Access to the programs listed below is subject to funding availability.

Program	Details	Contact
<b>Homelessness Prevention Program (HPP)</b>	<p>Through this program, you may qualify for assistance with costs such as:</p> <ul style="list-style-type: none"><li>• First / last month's rent</li><li>• Utility arrears to prevent disconnection</li><li>• Utility deposits and moving expenses</li></ul> <p>You may also be eligible if you're facing eviction, fleeing from family violence, have been discharged from an institution or are relocating due to employment.</p> <p>To see if you qualify for HPP benefits, a means test, which includes your income, assets and monthly expenses is required.</p> <p><b>For more information, visit: <a href="#">DNSSAB Homelessness Prevention</a></b></p>	<p><b>Tel:</b> 705-474-2151 ext. 45588 to complete a telephone application</p> <p>*If you are in receipt of social assistance, either Ontario Works (OW) or Ontario Disability Support Program (ODSP) benefits, please contact your caseworker to apply*</p>

# Emergency Shelters

These facilities are designed to meet the immediate needs of people who are homeless. Such short-term emergency shelters may target specific sub-populations, including women, families, youth or Aboriginal persons, for instance. These shelters typically have minimal eligibility criteria, offer shared sleeping facilities and amenities, and often expect clients to leave in the morning. They may or may not offer food, clothing or other services.





# Emergency Shelters

The following are examples of **emergency shelters that operate in the City of North Bay** – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Crisis Centre North Bay – Four Elms Emergency Shelter</b>	<p>A 19-bed emergency shelter. Staff ensure your urgent needs are met, connect you to Ontario Works, provide counseling, and help you find housing. To access, you can visit in person or call the program.  <b>Hours:</b> Daily, 24 hours (including holidays)  <b>For more information, visit:</b> <a href="#">Crisis Centre North Bay</a></p>	<p><b>Located:</b> 1675 Cassells St., North Bay  <b>Tel:</b> 705-474-1031</p>
<b>Hope Awaits Ministries – Men’s Shelter</b>	<p>A 7 bed shelter for men aged 16+. Shelter provides some meals. Individuals are encouraged to participate in life-skills development, help with household expectations, and attend one-to-one goal planning to support independence.  <b>Hours:</b> Daily, 6:00pm – 9:00am; Intake begins at 5:30pm, daily.  <b>For more information, visit:</b> <a href="#">Hope Awaits Ministries</a></p>	<p><b>Located:</b> 261 Cedar St., North Bay  <b>Tel:</b> 705-586-3293  <a href="mailto:cedarplace@eastlink.ca">cedarplace@eastlink.ca</a></p>
<b>Nipissing Transition House – Emergency Shelter</b>	<p>A 20 bed, accessible shelter for women 16 years of age and older, and their children. While accessing the shelter, support and crisis counselling is available and safety planning is prioritized.  <b>For more information, visit:</b> <a href="#">Nipissing Transition House</a></p>	<p><b>Located:</b> 547 John St., North Bay  <b>Tel:</b> 705-476-2429</p>
<b>Ojibway Women’s Lodge – Emergency Shelter</b>	<p>The Ojibway Women’s Lodge is a secure access short term residence, located by the lake on Nipissing First Nation. Counseling is available for women and their children who have experienced abuse and/or sexual assault (including historic abuse).  <b>Hours:</b> Daily, 24 hours (including holidays)  <b>For more information, visit:</b> <a href="#">Ojibway Women's Lodge</a></p>	<p><b>Located:</b> 131 Commanda Cres., North Bay  <b>Tel:</b> 705-472-3321 (24 Hour Crisis Line)  <b>Toll-Free:</b> 1-800-387-2465</p>

# Emergency Shelters

These are **emergency shelters that operate in the district's surrounding areas** - may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Mattawa Women's Resource Centre – Emergency Shelter</b>	A 10 bed emergency shelter to women with or without children who are in crisis. Provide assistance with accessing housing, legal and other community services and therapeutic counselling services. For more information, visit: <a href="https://mwrc.ca/">https://mwrc.ca/</a>	<b>Located:</b> 385 Pine St., Mattawa ON. <b>Tel:</b> 705-744-5567 <b>(24 Hour Crisis Line)</b> <a href="mailto:women@wrc.ca">women@wrc.ca</a>
<b>Horizon Women's Centre – Sturgeon Falls</b>	A 24-hour emergency shelter for women over 16 years of age who are experiencing homelessness or crisis. For more information, visit: <a href="https://horizoncentre.ca">https://horizoncentre.ca</a>	<b>Tel:</b> 705-753-1154 <b>(24 Hour Crisis Line)</b> <a href="mailto:familyresourcecentr1@bellnet.ca">familyresourcecentr1@bellnet.ca</a>

# Supportive & Transitional Housing

Supportive and Transitional Housing models combine rental or housing assistance with individualized, flexible and voluntary support services for people with high needs related to physical or mental health, developmental disabilities or substance use. **Transitional Housing** can be described as a **temporary step between emergency services and permanent housing**, while **Supportive Housing** is intended to be **permanent or for as long as an individual chooses**.



# Supportive & Transitional Housing

The following are examples of **supportive and transitional housing** options that are available North Bay and surrounding areas – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Northern Pine</b>	<p>Northern Pines currently has <b>16 transitional housing units</b> with an additional 44 units planned to open by 2023. The program provides wrap-around, multi-disciplinary health, mental health and social services supports that prevents and reduces homelessness. This program is ran by the Crisis Centre of North Bay. <b>For more information, visit:</b> <a href="https://www.dnssab.ca/homelessness/transitional-supportive-housing/">https://www.dnssab.ca/homelessness/transitional-supportive-housing/</a></p>	<p><b>Tel:</b> 705-472-6204 <a href="mailto:info@crisiscentre-nb.on.ca">info@crisiscentre-nb.on.ca</a></p>
<b>CMHA-NBD Transitional &amp; Supportive Housing</b>	<p>CMHA North Bay and District (CMHA NBD) offers a unique and affordable housing program in the North Bay community whereby mental health support services are combined with healthy, safe, appropriate, and affordable housing. CMHA NBD offers various transitional and supportive housing units that are regularly supported by peer support workers. CMHA North Bay and District provides case management services and recreational activities for tenants to aid their personal development and improve life skills. <b>For more information, visit:</b> <a href="https://nbd.cmha.ca/housing-program/">https://nbd.cmha.ca/housing-program/</a></p>	<p><b>Tel:</b> 705-476-4088 <a href="mailto:centralaccess@nbd.cmha.ca">centralaccess@nbd.cmha.ca</a>  <a href="#">CMHA NBD Housing Application</a></p>

# Social Housing

Social Housing refers to government-assisted subsidized housing for people with low to moderate incomes, seniors, or people with special needs who can live with supports in their community. **Rent-Geared-to-Income (RGI)** and **Rent Supplement** options are available through local DSSABs to make rent affordable for households. In most cases, the rent for a subsidized unit is 30 per cent of a household's total monthly income. If you receive social assistance the rent is based on the rent benefit set by the Ontario government.



# Social Housing

The **DNSSAB** and other community agencies offer social housing options to make housing more affordable for individuals with low to moderate incomes, seniors, or people with special needs. These are programs offered locally – may not be an exhaustive (complete) list.

Program	Details
<b>DNSSAB Rent Geared to Income (RGI)</b>	<p>Rent Geared to Income (RGI) or Subsidized Housing is provided by DNSSAB. In an RGI housing unit, a household's monthly rent is set at 30% of the adjusted household income. For people receiving financial benefits through the Ontario Disability Support Program (ODSP) or Ontario Works (OW), rent is set based on what is referred to as a "rent scale." RGI subsidies are attached to the unit, if a person/household is evicted or chooses to move, they lose the subsidy and must re-apply.</p> <p><b>For more information, visit:</b> <a href="#">DNSSAB Housing Services</a></p>
<b>DNSSAB Rent Supplement</b>	<p>The Rent Supplement Program through the DNSSAB offers RGI accommodations in privately owned buildings throughout the District. A "rent supplement" is a subsidy provided to landlords to cover the cost of the difference between the market rent for the unit and amount the tenant can pay based on their income. Rent Supplement subsidies are attached to the unit, if a person/household is evicted or chooses to move, they lose the subsidy and must re-apply.</p> <p><b>For more information, visit:</b> <a href="#">DNSSAB Housing Services</a></p>
<b>CMHA-NBD Rent Supplement Program</b>	<p>This is a provincially funded program which provides rent subsidies to clients of CMHA-NBD who require financial assistance to access stable housing. This program is a partnership between CMHA-NBD and approved landlords to provide safe and sustainable housing.</p> <p><b>Tel:</b> 705-476-4088</p> <p><b>For more information and how to apply, visit:</b> <a href="https://nbd.cmha.ca/housing-rent-supplement-program/">https://nbd.cmha.ca/housing-rent-supplement-program/</a></p>

# Applying for Social Housing

District of Nipissing  
Social Services  
Administration Board



Conseil d'administration  
des services sociaux  
du district de Nipissing

To apply for DNSSAB social housing, you will have to complete this [Application Form](#) and submit to the [Housing Services Team](#) online, mail-in or in person.

The DNSSAB manages one centralized waitlist for all of their **rent geared-to-income or market rent housing units**.

If an individual declines an offer for housing, they will be **removed** from the waiting list and **must re-apply**.

For detailed information about how to apply, visit: [DNSSAB How to Apply Housing Services](#)

**To apply for Rent-Geared-to-Income housing, you will need make sure you have the following documents for all household members:**

- [Legal status in Canada documentation](#) for all household members
- The Consent and Declaration form for all household members over 16 years of age (provided in the application)
- Income ([Notice of Assessment](#)), including income generated from assets is to be declared in the application
- Information about any money owed to, or re-payment plans with a Social Housing Program (for those who have accessed social housing in the past)

# Affordable Rental Housing

In affordable rental housing, rent is usually set between 80% -100% of Average Market Rent AMR (as determined by Canada Mortgage and Housing Corporation (CMHC), based on unit size).

Affordable rental housing can be in privately owned buildings, non-profits or city owned housing.

You can often stay on the Rent-Geared-to-Income waiting list if you accept a unit through the Affordable Rental Housing Program.

## 2021 North Bay, Ontario Average Market Rent (AMR)

Unit Size	Average Market Rent (\$)
Bachelor	\$650
1 Bedroom	\$859
2 Bedroom	\$1059
3 Bedroom	\$1206

To access this information, [click here](#)





# Affordable Rental Housing



The following are examples of **affordable rental housing** options that may be available in North Bay and surrounding areas – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Canada Ontario Housing Benefit (COHB)</b>	<p>This portable housing benefit is a monthly subsidy provided to low-income households to assist with housing costs. It is tied to the household and can be used to help pay rent anywhere in Ontario. Connect with a DNSSAB staff to discuss this benefit.</p> <p>To learn more, you can visit: <a href="https://www.ontario.ca/page/affordable-housing-ontario">https://www.ontario.ca/page/affordable-housing-ontario</a></p>	<p><b>Housing Programs Manager:</b> Tel: 705-474-2151 ext. 43351 <a href="mailto:bill.guilfoyle@dnssab.ca">bill.guilfoyle@dnssab.ca</a></p>
<b>Ontario Aboriginal Housing Services</b>	<p>OAHS offers rental opportunities to self-identifying First Nations, Métis, and Inuit people as well as non-Indigenous people. OAHS homes range from rent-geared-to-income, affordable, and market rent units.</p> <p>For more information, visit: <a href="https://www.ontarioaboriginalhousing.ca/rental-housing">https://www.ontarioaboriginalhousing.ca/rental-housing</a></p>	<p><b>Housing Services Rep:</b> Toll-Free – 1-866-391-1061 <a href="mailto:info@oahssc.ca">info@oahssc.ca</a> <a href="#">Link to Application</a></p>

# Co-Operative Housing

Housing co-operatives provide not-for-profit housing for their members. Members do not own equity in their housing so if they move, their home is returned to the co-op, to be offered to another individual or family who needs an affordable home. Some co-op households pay a reduced monthly rent (housing charge) geared to their income. Government funds cover the difference between this payment and the co-op's full charge. Other households pay the full monthly charge based on cost. Each member has a vote in decisions about their housing.

**For more information about Co-operative Housing, locating your local co-ops, and learning about the application process, you can visit [Co-operative Housing Federation of Canada](#)**



# Co-Operative Housing



The following are examples of **Co-Operative Housing** options that may be available in the North Bay area – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Crossroads Co-Operative Housing Inc.</b>	This housing cooperative is a two-story complex with 50 rental spaces, consisting of well-maintained units of two, three, and four bedrooms each. Four of these units are handicapped accessible. <b>Located:</b> 51-470 Bunting Drive, North Bay ON. <b>For more information:</b> <a href="https://www.crossroadscoop.ca/">https://www.crossroadscoop.ca/</a>	<b>Tel:</b> 705-497-9678 <a href="mailto:crossroads5@bellnet.ca">crossroads5@bellnet.ca</a>
<b>Gateway Housing Co-Operative</b>	Gateway Housing Co-operative is a non-profit housing co-op in North Bay whose purpose is to provide safe, affordable housing to members. The North Bay housing co op relies on the mutual support and contributions of members working together to create a safe, affordable, and enjoyable community. <b>Located:</b> 30 Champlain St., North Bay ON. <b>For more information:</b> <a href="https://gatewayhousing.ca/">https://gatewayhousing.ca/</a>	<b>Tel:</b> 705-474-2158 <a href="mailto:admin@gatewayhousing.ca">admin@gatewayhousing.ca</a>
<b>Co-Operative d’Habitation La Seigneurie</b>	<b>Located:</b> 98 Harris Dr., North Bay ON.	<b>Tel:</b> 705-497-7704
<b>Northern Lights Co-Operative</b>	<b>Located:</b> 659 McKeown Ave., North Bay ON.	<b>Tel:</b> 705-474-6097
<b>Gneiss Housing Co-Operative Inc.</b>	<b>Located:</b> 600 Booth Rd., North Bay ON.	<b>Tel:</b> 705-497-0649 <a href="mailto:Gneiss.housing@onlink.net">Gneiss.housing@onlink.net</a>
<b>Harmony Haven Housing Co-Operative Inc.</b>	<b>Located:</b> 117 Marshall Ave. East, North Bay ON.	<b>Tel:</b> 705-476-0052

# Affordable Home Ownership

**Affordable home ownership** models use a variety of creative approaches (e.g., down-payment assistance, shared equity mortgages, etc.) to help lower-income people and families, who might not otherwise be able to purchase a home and/or afford the monthly cost of carrying a mortgage.



# Affordable Home Ownership

The following are examples of **affordable home ownership** programs that may be available in the North Bay district – this may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Homeownership Program</b>	Provides down payment assistance to eligible households through federal/provincial funding. This assistance is in the form of a 20 year forgivable loan. <b>For more information, visit:</b> <a href="#">DNSSAB Homeownership Program</a>	<b>Tel:</b> 705-474-2826 <a href="mailto:housingaccess@dnssab.ca">housingaccess@dnssab.ca</a>
<b>Ontario Renovates</b>	Provides up to \$25,000 in forgivable loan assistance to low and moderate income households to assist them in performing eligible major repairs, renovations and accessibility modifications to their homes. <b>For more information, visit:</b> <a href="#">DNSSAB Ontario Renovates Program</a>	<b>Tel:</b> 705-474-2826 <a href="mailto:housingaccess@dnssab.ca">housingaccess@dnssab.ca</a>
<b>Habitat For Humanity (HFH)</b>	Provides a unique "Habitat for Humanity mortgage" that makes home ownership affordable for lower income families. Homes are sold to families at fair market value with no down payment and no interest. Families provide 500 volunteer hours helping build their home and the homes of others. Mortgage payments are calculated annually, so that shelter costs are never more than 25% of household income. <b>For more information, visit:</b> <a href="https://www.habitatgatewaynorth.com/">https://www.habitatgatewaynorth.com/</a>	<b>Tel:</b> 705-646-0106
<b>First Time Home Buyer Incentive</b>	Helps people across Canada purchase their first home. The program offers 5 or 10% of the home's purchase price to put toward a down payment. This addition to your down payment lowers your mortgage carrying costs, making homeownership more affordable. <b>For more information, visit:</b> <a href="https://www.placetocallhome.ca/fthbi/first-time-homebuyer-incentive">https://www.placetocallhome.ca/fthbi/first-time-homebuyer-incentive</a>	<b>Toll-Free:</b> 1-877-884-2642 <a href="#">FAQ - How to Apply</a>

# Market Rental Housing

**Market Rent** is residential rent that is not classified as ‘subsidized rent’ or ‘affordable rent’ under any affordable housing program (you pay the amount advertised in the listing or advertisement).



# Market Rental Housing

The following are market rent housing units in the Nipissing District that are not a part of DNSSAB's housing services. These are generally market rent units, however some Programs do offer rent-geared-to-income units and each Program may have their own application criteria. These housing Programs listed must be contacted directly.

For more information, you can visit: <https://www.dnssab.ca/housing-services/how-to-apply/>

Provider	Contact
<b>Whispering Pines Native Homes</b>	<b>Located:</b> Mattawa, ON <b>Tel:</b> 705-744-0108
<b>Emmanuel Village</b>	<b>Located:</b> North Bay, ON <b>Tel:</b> 705-472-1806 <a href="mailto:super.emvillage@gmail.com">super.emvillage@gmail.com</a>
<b>PHARA Independence and Housing</b>	<b>Located:</b> North Bay, ON <b>Tel:</b> 705-476-0733
<b>Native People of Nipissing</b>	<b>Located:</b> North Bay, ON <b>Tel:</b> 705-497-1773
<b>Waakohnsuk Native Non-Profit Homes</b>	<b>Located:</b> Sturgeon Falls, ON <b>Tel:</b> 705-753-5192

# Searching for Rental Housing



## Online Search

Use filter options on these sites to search for places that fit preferences. Alerts can be set to notify when new ads are posted.

[Kijiji](#)  
[AllClassifieds.ca](#)  
[RentBoard.ca](#)  
[Craigslist.org](#)  
[Zumper.com](#)  
[Rentcompass.com](#)  
[FreeRentAds.com](#)  
[REALTOR.ca](#)  
[Viewit.ca](#)



## Social Media

Visit [Facebook Marketplace](#) on your Facebook page, click on the Marketplace icon located at the top of the screen. Then click on the rental icon.

Search options such as city, kms (distance) away, price range, bedrooms, etc.

Set alerts to receive notifications on new rentals ads.

You can also search for Rental Groups on your Facebook page. These are forums where members can post and discuss shared information or rental ads.



## Rentals.ca

[Rentals.ca](#) provides a list of affordable housing options from sources like Kijiji, Rentboard, and Viewit.

They compile options from multiple sources together on one listing.



## Look for Signage

Drive/walk/bike around preferred neighborhoods. Landlords and property managers will often post signs out front where there are units for rent.

Some landlords post signs in places like grocery stores, libraries and/or community centres too.



# Things to Consider Before Renting a Unit



## FOLLOW DIRECTIONS IN THE AD

Some landlords/property managers prefer calls, some use email or the messaging system through the ad site (such as Kijiji messaging). Many ads also ask very specific questions to assess applicants.



## CALLING THE LANDLORD

Prepare your list of questions before you call and keep a pen and paper handy to write down the answers. There are probably others who are interested in the rental, remember to be polite and make a great first impression.



## VIEWING THE RENTAL UNIT

Arrive on time and be well-groomed and well prepared. Introduce yourself and try to remain calm and confident. Have your references ready to provide to the landlord/property manager.



## PREPARE YOUR DOCUMENTS

To support your rental application, landlords/property manager may ask to see your driver's license or other ID. They may ask where you work, and permission to run a credit check. There are rules about your [privacy](#) that must be respected.



## APPLYING FOR THE RENTAL

Make sure you understand the application process, ask questions if something isn't clear. Fill in the application form (paper copy/online). Inquire about the deposit fees and next steps.



## SIGNING THE LEASE

A successful applicant will be asked to sign a lease. Upon signing you will usually be required to pay last month's rent. Then first month's rent is due on the 1<sup>st</sup> day of the month you've rented the apartment for (make sure to get receipts).

For more tips, you can visit: [https://bit.ly/CMHC\\_IWantToRent](https://bit.ly/CMHC_IWantToRent)

# Landlord Responsibilities

According to Canada Mortgage and Housing Corporation (CMHC):

- Landlords are legally obliged to ensure that the rental unit complies with the standards for:
  - Health
  - Safety
  - Housing
  - Maintenance
- Before renting a property, it must meet:
  - Municipal property standards
  - Zoning bylaws
  - Fire safety regulations
  - Local building codes
- Landlords must:
  - Maintain the tenant's home in a good state of repair and fit for habitation and at the landlord's expense
  - Always ensure a reasonable supply of fuel, electricity, hot and cold water and other utility services (cable, Internet)
  - Not seize, without legal process, a tenant's property for rent default or for the breaking of any other obligation of the tenant.
  - Not harass, obstruct, coerce, threaten or interfere with the tenant.



For more information, visit: <https://www.cmhc-schl.gc.ca/en/consumers/renting-a-home/i-am-renting/landlord-tenant-responsibilities>

# Tenant Responsibilities

According to [Settlement.Org](https://www.settlement.org), as a tenant it is important to make sure that you:

- Pay rent on time
- Behave well, clean the rental premises, repair damage caused by an accident or deliberate act of the tenant or a person whom the tenant permits on the premises
- Do not harass, obstruct, coerce, threaten or interfere with the landlord
- Contact the landlord as soon as possible when a problem arises involving repairs or services
- Permit entry (with proper notice) for repairs or showing of the home for the next tenant or purchaser
- Follow the terms in your rental agreement or lease



CMHC provides an “I Am Renting” Guide with helpful information for tenants.

You can find this resource here: <https://www.cmhc-schl.gc.ca/en/consumers/renting-a-home/i-am-renting>

# Eviction Process

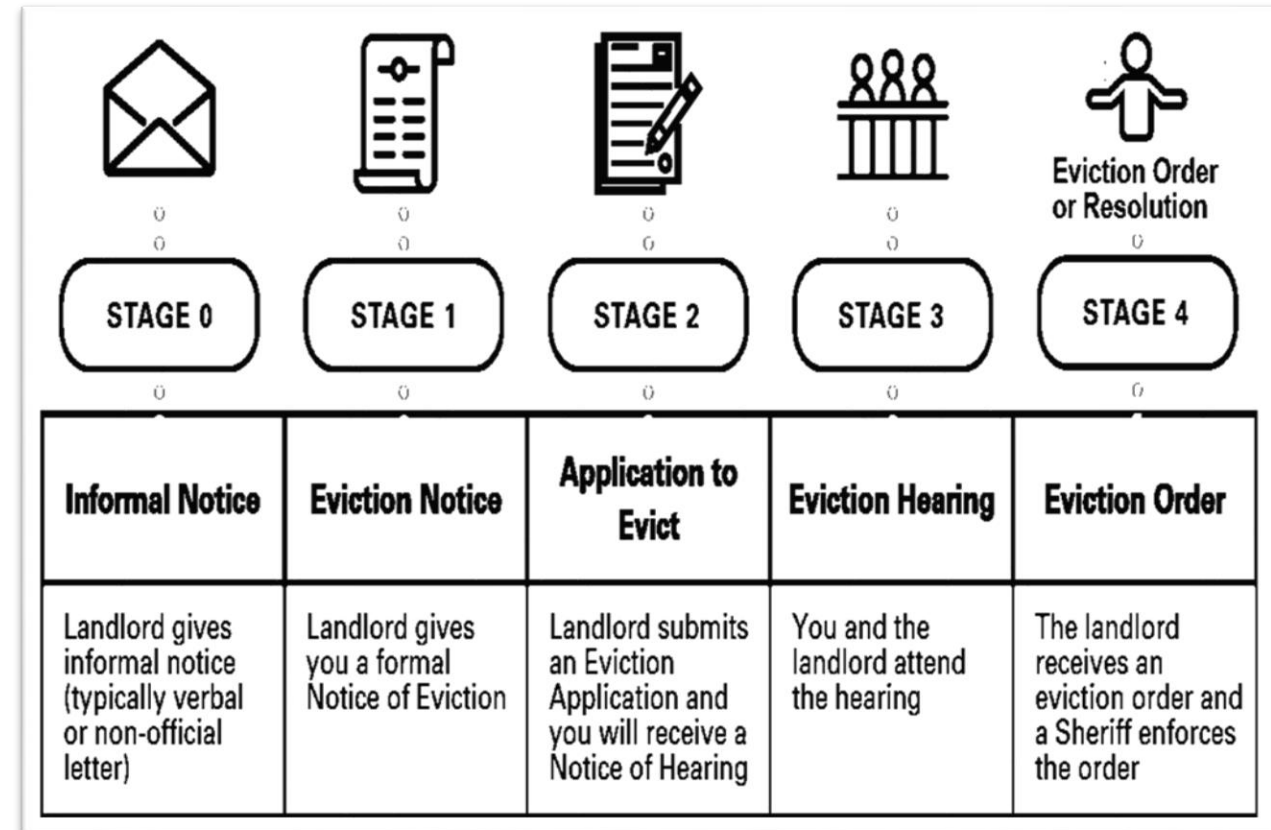
Eviction is the removal of a tenant from a rental property by the landlord.

## Reasons for eviction recognized under the Residential Tenancies Act

- Arrears of rent
- Persistent late payment
- Damage
- Substantial interference with reasonable enjoyment of the unit
- Impairing safety
- Overcrowding
- Illegal Act
- Misrepresentation of income (if tenant pays Rent-Geared-to-Income)
- **Landlord's own use**
- **Purchaser's own use**
- **Demolition, renovation or conversion**

\*These are the most common reasons set out by the Residential Tenancies Act (RTA)

## How Eviction Works



For more information, visit: <https://www.cleo.on.ca/en/publications/eviction>

# Facing Eviction - Resources

Some examples of resources that may be helpful if you are facing eviction or if you have questions about the eviction process in Ontario – may not be an exhaustive (complete) list.

**If you are facing eviction and are looking for support, you can contact your local [Housing Services Team](#)**

Title	Details
<b>Government of Ontario: Renting in Ontario</b>	Provides information about the laws that affect residential tenants and landlords in Ontario. <b>To access, visit:</b> <a href="https://www.ontario.ca/page/renting-ontario-your-rights">https://www.ontario.ca/page/renting-ontario-your-rights</a>
<b>Advocacy Centre for Tenants Ontario</b>	Provides answers to FAQs about Ontario Housing Law issues. <b>To access, visit:</b> <a href="https://www.acto.ca/for-tenants/your-legal-questions/">https://www.acto.ca/for-tenants/your-legal-questions/</a>
<b>Eviction Prevention Handbook</b>	The City of Toronto has created an Eviction Prevention Handbook to help tenants with knowing and understanding their rights and how eviction works in Ontario. The Handbook provides worksheets and templates to support individuals through the eviction process. <b>To access, visit:</b> <a href="https://www.toronto.ca/wp-content/uploads/2021/06/966f-eviction-prevention-toolkit.pdf">https://www.toronto.ca/wp-content/uploads/2021/06/966f-eviction-prevention-toolkit.pdf</a>

# Tenant Rights



CLEO produces clear, accurate and practical legal information to help people understand and exercise their legal rights.

**Visit their website for more details:**

<https://www.cleo.on.ca/en>



The Canadian Centre for Housing Rights (CCHR) provides free, individualized services to renters in Ontario who are facing challenges in their housing. They offer ["The Ontario Renter's Guide"](#) for information and tips for renting in Ontario.

**Visit their website for more details:**

<https://housingrightscanada.com/>

# Legal Aid



The following provide free legal services to the Nipissing District and across Ontario – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Nipissing Community Legal Clinic</b>	Provides free legal services for low income residents in the District of Nipissing in areas of Housing Law, ODSP and OW issues. Also provides tenant duty counsel services and Landlord Tenant Board hearings. <b>Hours:</b> Monday – Friday, 8:30am – 4:30pm. <b>For more information, visit:</b> <a href="https://www.nipissingcommunitylegalclinic.ca/">https://www.nipissingcommunitylegalclinic.ca/</a>	<b>Located:</b> Canada Place Building, 107 Shirreff Avenue, North Bay ON. <b>Tel:</b> 705-476-6603
<b>Ontario Legal Information Centre</b>	Offers a free 30 minute phone meeting with a lawyer and is available to anyone in Ontario. Lawyers can provide general legal information to help you understand your legal situation and learn about your options and can refer you to local organizations or resources that may be helpful. <b>For more information, visit:</b> <a href="https://legalinfocentre.ca/">https://legalinfocentre.ca/</a>	<b>Tel:</b> 1-613-842-7262 <b>Toll-Free:</b> 1-844-343-7462 <a href="#">Book an Appointment Online</a>
<b>Pro Bono Ontario – Free Legal Advice Hotline</b>	Offers 30 minutes of free legal advice and assistance to those who cannot afford a lawyer. The Hotline can help tenants with legal issues surrounding housing and tenant rights. <b>For more information, visit:</b> <a href="https://www.probonoontario.org/housing/">https://www.probonoontario.org/housing/</a>	<b>Toll-Free:</b> 1-855-255-7256
<b>The Law Society of Ontario – Referral Service</b>	Connects individuals looking for legal assistance with a lawyer in Ontario and provides a free 30 minute consultation to discuss your concerns and ask questions. <b>For more information, visit:</b> <a href="https://lso.ca/public-resources/finding-a-lawyer-or-paralegal/law-society-referral-service?lang=en-ca">https://lso.ca/public-resources/finding-a-lawyer-or-paralegal/law-society-referral-service?lang=en-ca</a>	<a href="#">Link to Application</a>

# Market Home Ownership

**Market Home Ownership** is housing that is for sale in the open housing market and the cost of the housing is not subsidized (reduced) in any way.





# Financial Assistance for Homeowners

Financial Assistance	Details	Website
<b>Ontario Trillium Benefit</b>	A tax-free payment that helps low-to moderate-income Ontario residents pay for energy costs, sales and property tax.	<a href="https://www.ontario.ca/page/ontario-trillium-benefit#section-0">https://www.ontario.ca/page/ontario-trillium-benefit#section-0</a>
<b>Other Financial Help to Pay Utility Bills</b>	High utility bills put low-income homeowners and tenants at risk. The programs listed below may be able to provide financial help. For more details on eligibility and applying contact the program directly.	<a href="#">Ontario Electricity Support Program</a> <a href="#">Low-income Energy Assistance Program (LEAP)</a> <a href="#">saveONenergy Home Assistance Program</a> <a href="#">Rogers Get Connected</a>
<b>Money For Energy Conservation Renovations</b>	<p>People on Ontario Works or ODSP may receive a one-time payment of up to \$50 to reimburse the cost of items such as:</p> <ul style="list-style-type: none"> <li>▪ caulking</li> <li>▪ sealing or weather-stripping for doors and windows</li> <li>▪ insulation for hot water pipes and hot water tanks, and flow restrictors for shower heads</li> </ul>	<a href="https://bit.ly/OWEnergyWaterConservation">https://bit.ly/OWEnergyWaterConservation</a> <a href="https://bit.ly/ODSPEnergyConservation">https://bit.ly/ODSPEnergyConservation</a>
<b>Money to Buy Smoke Alarms and Carbon Monoxide Detectors</b>	<p>Homeowners receiving Ontario Works Assistance may receive a one-time payment to buy smoke alarms or carbon monoxide detectors.</p> <ul style="list-style-type: none"> <li>▪ up to \$25 per family for a smoke alarm/smoke detector</li> <li>▪ up to \$50 per family for a carbon monoxide detector</li> </ul>	<a href="https://bit.ly/3xZIEXV">https://bit.ly/3xZIEXV</a>

# Indigenous Resources

The following pages highlight resources and programs that provide cultural and holistic programs and services for Indigenous people within the community.

**[The National Association of Friendship Centres](#)** has created a list of Indigenous Health and Mental Health resources available across Ontario. To access this resource, click **[here](#)**.



# The North Bay Indigenous Friendship Centre



Friendship Centres are not-for-profit and charity corporations that are mandated to serve the needs of Urban Indigenous People by providing culturally appropriate services in Urban communities.

The North Bay Indigenous Friendship Centre offers wholistic and cultural based supportive programs and services that are needed in their community. Programs and services are provided in the areas of housing and legal support as well as culturally based health and wellness programs.

## Programs offered by the Centre include:

- [Aboriginal Healing and Wellness](#)
- [Cultural Resource Program](#)
- [Suswin Housing Program](#)
- [Youth Life Promotion](#)

## Contact Information:

**Located:** 980 Cassells Street, North Bay ON.

**Tel:** 1-888-472-0599

[reception@nbifc.org](mailto:reception@nbifc.org)

<https://nbifc.org/>

Use [this tool](#) to find local Friendship Centres in Ontario

# Indigenous Mental Health/Crisis Resources



The following are examples of Indigenous mental health and crisis services available - may not be an exhaustive list. See following link for more: [National Association of Friendship Centres Indigenous Mental Health](https://www.nafcc.ca/indigenous-mental-health)

Program	Details	Contact
<b>Giiwedno Mshkikiiwgamig - North Bay Indigenous Hub</b>	The mental wellness team offers holistic and culturally relevant services and supports to individuals and families. The mental wellness practitioners can help achieve balance and harmony in all aspects of life – physical, emotional, mental, and spiritual. We offer individual, family, and group counseling services. For more information: <a href="https://giiwednomshkikiiwgamig.ca/mental-wellness-social-services/">https://giiwednomshkikiiwgamig.ca/mental-wellness-social-services/</a>	<b>Located:</b> 1040 Brookes St., North Bay ON. <b>Tel:</b> 705-995-0060 <a href="mailto:info@gmghub.ca">info@gmghub.ca</a>
<b>NBIFC – Mental Health &amp; Wellness Program</b>	This program is designed as a community-based assessment, referral and support program for Indigenous and Non-Indigenous people desiring to improve their quality of life by moving away from addiction. The program also provides alternatives to alcohol and substance abuse through family and community-based activities and events which promote a healthy lifestyle. For more information: <a href="https://nbifc.org/programs/alcohol-drug-program/">https://nbifc.org/programs/alcohol-drug-program/</a>	<b>Brittany Chevrier – Mental Health and Wellness Worker</b> <b>Tel:</b> 705-472-2811 ext. 217 <a href="mailto:daw@nbifc.org">daw@nbifc.org</a>
<b>Hope for Wellness Helpline</b>	A helpline service available to all Indigenous people across Canada. 24/7 Access to talk with experienced and culturally competent counsellors. Both telephone and online services are available, telephone services are available in Cree, Ojibway and Inuktitut. For more information, visit: <a href="https://www.hopeforwellness.ca/about-us/">https://www.hopeforwellness.ca/about-us/</a>	<b>Toll-Free:</b> 1-855-242-3310
<b>Talk4Healing</b>	A 24/7 confidential helpline for Indigenous women available in 14 Indigenous languages, English, and French across Ontario. The helpline provides culturally sensitive and non-judgmental crisis counselling, advice, support, and referrals.	<b>Toll-Free:</b> 1-855-554-HEAL

# Indigenous Legal Resources

The following are examples of Indigenous Legal Support services that are available to provide legal information and advice – not an exhaustive (complete) list.

Program	Details	Contact
<b>NBIFC – Indigenous Family Court Worker</b>	Indigenous Family Court Workers assist Indigenous people in the judicial process as well as provide preventative community legal education. <b>For more information:</b> <a href="https://nbifc.org/family-court-worker/">https://nbifc.org/family-court-worker/</a>	<b>Lori Hatch – Family Court Worker</b> <b>Tel:</b> 705-472-2811 ext. 245 <a href="mailto:fcw@nbifc.org">fcw@nbifc.org</a>
<b>The Humans Right Legal Support Centre – Indigenous Services</b>	The HRLSC established an Indigenous Services and Outreach Committee and has implemented culturally appropriate service guidelines in order to increase usage of the human rights system by Indigenous peoples. The HRLSC is committed to providing Indigenous people with an accessible legal service. Services are provided in 140 languages including Cree, Oji-Cree, Mohawk, and Ojibway. <b>For more information:</b> <a href="https://hrlsc.on.ca/indigenous-services/">https://hrlsc.on.ca/indigenous-services/</a> or <a href="#">Indigenous Services Brochure</a>	<b>Toll Free:</b> 1-866-625-5179 <b>TTY Toll Free:</b> 1-866 612-8627
<b>Steps to Justice: Your Guide to Law in Ontario</b>	This resource provides answers to frequently asked questions regarding the rights as an Indigenous person in contact with the criminal justice system. At the bottom of the page, you will find additional tools and resources to help Indigenous people navigate supports and services. <b>Find the resource here:</b> <a href="https://stepstojustice.ca/?s=indigenous">https://stepstojustice.ca/?s=indigenous</a>	

# Indigenous Employment Supports

The following are examples of programs that provide employment training for Indigenous people - may not be an exhaustive (complete) list.

Program	Details	Contact
<b>NBIFC – Apatisiwin Indigenous Employment and Training Program</b>	This program is to assist Indigenous adults with finding and securing appropriate employment or training opportunities. For more information: <a href="https://nbifc.org/apatisiwin/">https://nbifc.org/apatisiwin/</a>	<b>Steve Guilbeault – Employment Counselor</b> Tel: 705-472-2811 ext. 202 <a href="mailto:apatisiwin@nbifc.org">apatisiwin@nbifc.org</a>

# Indigenous Wellness Supports

The following are programs and services available that aim to promote Indigenous health and wellness – not an exhaustive (complete) list.

Program	Details	Contact
<b>NBIFC – Medicine Healthy Way Clinic Health Programs</b>	Provides family-centred health care for Aboriginal people (including First Nation, Metis and Inuit people) living off-reserve within the North Bay area. Provides culturally safe, holistic health care for children, adults and families to improve and promote good health.	<b>Located:</b> 980 Cassells St., North Bay ON. <b>Tel:</b> 705-472-2811 ext. 242
<b>Giiwedno Mshkikiiwgamig - North Bay Indigenous Hub</b>	Provides a wide range of programming services including traditional healing, primary care, health promotion, chronic disease management, family-focused maternal/child health care, mental wellness care, diabetes care, and a culturally integrated licensed child care facility. <b>For more information, visit:</b> <a href="https://giiwednomshkikiiwgamig.ca/">https://giiwednomshkikiiwgamig.ca/</a>	<b>Located:</b> 1040 Brookes St., North Bay ON. <b>Tel:</b> 705-995-0060 <a href="mailto:info@gmghub.ca">info@gmghub.ca</a>
<b>Hope for Wellness Helpline</b>	A helpline service available to all Indigenous people across Canada. 24/7 Access to talk with experienced and culturally competent counsellors. Both telephone and online services are available, telephone services are available in Cree, Ojibway and Inukitut. <b>For more information, visit:</b> <a href="https://www.hopeforwellness.ca/about-us/">https://www.hopeforwellness.ca/about-us/</a>	<b>Toll-Free:</b> 1-855-242-3310
<b>Talk4Healing</b>	A 24/7 confidential helpline for Indigenous women available in 14 Indigenous languages, English, and French across Ontario. The helpline provides culturally sensitive and non-judgmental crisis counselling, advice, support, and referrals.	<b>Toll-Free:</b> 1-855-554-HEAL

# Indigenous Housing Resources

The following are programs that provide housing services and support to Indigenous communities - may not be an exhaustive (complete) list

Program	Details	Contact
<b>North Bay Indigenous Friendship Centre (NBIFC) – Suswin Housing First Program</b>	Helps urban Aboriginals who are facing housing barriers to find housing with community support in the Nipissing region. Program delivers case management housing supports in a culturally responsive, flexible, and safe manner for all clients. <b>For more information, visit:</b> <a href="https://nbifc.org/programs/suswin-housing-first-program/">https://nbifc.org/programs/suswin-housing-first-program/</a>	<b>Becky Mathies – Housing Navigator</b> Tel: 705-472-2811 ext. 243 <a href="mailto:suswin@nbifc.org">suswin@nbifc.org</a>
<b>Native People of Nipissing Development Corporation</b>	Provides both property management and tenant counseling services for our tenants, providing a comfortable and culturally safe environment for our tenants. <b>For more information, visit:</b> <a href="https://www.npon.ca/">https://www.npon.ca/</a>	Tel: 705-497-1773 <a href="mailto:Info@npon.ca">Info@npon.ca</a> <a href="#">Link to Applications</a>
<b>Ontario Aboriginal Housing Services</b>	OAHS offers rental opportunities to self-identifying First Nations, Métis, and Inuit people as well as non-Indigenous people. OAHS homes range from rent-geared-to-income, affordable, and market rent units. <b>For more information, visit:</b> <a href="https://www.ontarioaboriginalhousing.ca/rental-housing">https://www.ontarioaboriginalhousing.ca/rental-housing</a>	<b>Housing Services Rep:</b> Toll-Free – 1-866-391-1061 <a href="mailto:info@oahssc.ca">info@oahssc.ca</a> <a href="#">Link to Application</a>
<b>Nipissing First Nation</b>	Nipissing First Nation currently has a total of 79 rental apartment units that are available for rent to NFN members aged 18 years or older only. NFN members are welcome to apply for future apartment vacancies as they become available. <b>For more information, visit:</b> <a href="https://www.ontarioaboriginalhousing.ca/rental-housing">https://www.ontarioaboriginalhousing.ca/rental-housing</a>	Tel: 705-753-6973 <a href="mailto:elliep@nfn.ca">elliep@nfn.ca</a> <a href="mailto:housingdepartment@nfn.ca">housingdepartment@nfn.ca</a>



# The Métis Nation of Ontario

The **Métis Nation of Ontario** provides housing services programs to eligible individuals through its Infinity Property Services division as well as housing stabilization supports to Métis citizens.

Program	Details	Contact
<p><b>Home Buyers Contribution Program</b></p>	<p>MNO contributes to the down payment of eligible first-time home buyers who are MNO citizens with complete citizenship files. This contribution is a no-payment loan registered on title as a shared equity mortgage behind the first mortgage.  <b>For more information, visit:</b> <a href="https://www.metisnation.org/programs-and-services/housing-infrastructure/home-buyers-contribution-program/">https://www.metisnation.org/programs-and-services/housing-infrastructure/home-buyers-contribution-program/</a></p>	<p><b>Housing Programs Team:</b>  <b>Tel:</b> 705-722-5022 Ext. 302  <a href="mailto:housingprograms@metisnation.org">housingprograms@metisnation.org</a>  <a href="#">Link to Application</a></p>
<p><b>Emergency Repair Program (ERP)</b></p>	<p>Provides low-to-moderate income Métis citizen homeowners with a one-time forgivable loan to complete necessary emergency health and safety repairs to their homes and improve accessibility for persons with disabilities up to maximum of \$10,000.  <b>For more information, visit:</b> <a href="https://www.metisnation.org/programs-and-services/housing-infrastructure/emergency-repair-program/">https://www.metisnation.org/programs-and-services/housing-infrastructure/emergency-repair-program/</a></p>	<p><b>Housing Programs Team:</b>  <b>Tel:</b> 705-722-5022 Ext. 302  <a href="mailto:ERP@metisnation.org">ERP@metisnation.org</a>  <a href="#">Link to Application</a></p>
<p><b>Métis Housing Stabilization Program</b></p>	<p>Addresses homelessness and housing instability by providing housing loss prevention and housing stabilization services and supports individuals and families who are homeless, at immediate risk of becoming homeless, or in an unstable housing situation. Services include: housing crisis intervention, eviction prevention support, support with housing applications, resource and information support, and much more.  <b>For more information, visit:</b> <a href="https://www.metisnation.org/programs-and-services/housing-infrastructure/metis-housing-stabilization-program/">https://www.metisnation.org/programs-and-services/housing-infrastructure/metis-housing-stabilization-program/</a></p>	<p><b>Housing Stabilization Team:</b>  <b>Toll-Free:</b> 1-800-263-4889 Ext. 350  <a href="mailto:housingstabilization@metisnation.org">housingstabilization@metisnation.org</a></p>

# North Bay Community Resources

Developmental Services Ontario does not promote nor endorse any of these private services. Please note that this is not intended to serve as an exhaustive list of all services offered in North Bay and surrounding areas, but rather as a resource prepared with information sourced by the DSO Housing Navigators for the North East Region.

**If you are looking for services not found in this section, you can  
visit: <https://211ontario.ca/> or call 2-1-1**



# Employment Support

Some examples of **employment support programs** – may not be an exhaustive (complete) list

To find Employment Services in Ontario, you can visit: <https://feat.findhelp.ca/>



Program	Details	Contact
<b>Community Living North Bay – Employment First</b>	Offers employment programs and services to support individuals with intellectual disabilities with finding meaningful job opportunities. For more information, visit: <a href="https://communitylivingnorthbay.org/services/employment-services/">https://communitylivingnorthbay.org/services/employment-services/</a>	<b>Tel:</b> 705-476-3288 ext. 1791 <a href="mailto:info@communitylivingnorthbay.org">info@communitylivingnorthbay.org</a>
<b>Community Living West Nipissing – Employment Services</b>	Assists individuals with intellectual disability to explore employment opportunities through assistance with resume writing, work skills development, career counselling, placement matching, on-the-job training, as well as monitoring individual’s progress through follow-up. For more information, visit: <a href="#">Community Living North Bay</a>	<b>Sylvie Belanger – Employment Services:</b> <b>Located:</b> 75 Railway St., Sturgeon Falls ON. <b>Tel:</b> 705-753-1665 <a href="mailto:sylviebelanger@vianet.ca">sylviebelanger@vianet.ca</a>
<b>North Bay Indigenous Friendship Centre – Apatisiwin Employment Program</b>	Provides employment tools and resources and works with individuals to identify needs, and assist with securing employment and training opportunities. For more information, visit: <a href="https://nbifc.org/apatisiwin/">https://nbifc.org/apatisiwin/</a>	<b>Steve Guilbeault – Program Counselor:</b> <b>Tel:</b> 705-472-2811 ext. 202 <a href="mailto:apatisiwin@nbifc.org">apatisiwin@nbifc.org</a>
<b>Yes Employment Services</b>	Assists individuals in developing the skills to secure employment. Supports include: access to employment consultants, job postings, skills workshops and resources and information. For more information, visit: <a href="https://yesnorthbay.com/seeking-work/">https://yesnorthbay.com/seeking-work/</a>	<b>North Bay Office:</b> <b>Located:</b> 149 Main St. E., North Bay ON. <b>Tel:</b> 705-476-3234 <a href="mailto:ask@yesnorthbay.com">ask@yesnorthbay.com</a>

# Post-Secondary Education Resources

The following are available to support individuals wanting to participate in post-secondary education. May not be an exhaustive (complete) list.

Program	Details	Contact
<p><b>Ontario Bursary for Students with Disabilities (BSDW)</b></p> <p><b>Canada Student Grant for Services and Equipment – Students with Disabilities (CSG-DSE)</b></p>	<p>Eligible individuals may receive funding to help pay for disability-related educational services and/ or equipment needed to participate in postsecondary studies. Eligible individuals can receive <b>up to \$2,000 from the BSDW or up to \$20,000 from the CSG-DSE</b>. In order to be eligible, individuals must have a permanent disability or a persistent or prolonged disability and must have applied and be eligible for funding through OSAP or an institution-based bursary. <b>For more information, visit: <a href="https://osap.gov.on.ca/OSAPPortal/en/A-ZListofAid/PRDR019233.html">https://osap.gov.on.ca/OSAPPortal/en/A-ZListofAid/PRDR019233.html</a></b></p>	<p><a href="#">Application Form</a></p>
<p><b>Doreen Kronick Scholarship</b></p>	<p>Available to post-secondary students with learning disabilities who are enrolled in full-time or part-time study programs. The amount of this award is \$1,000. The Doreen Kronick Scholarship (DKS) may be awarded to a person who is pursuing a program of graduate study in a university that will assist learning disabled students. Applications are reviewed according to the following criteria: the student’s future educational program leading towards assisting persons with learning disabilities; the submission of a satisfactory academic record; the student’s contribution to his or her community and to campus life. <b>For more information, visit: <a href="https://www.ldac-acta.ca/scholarships/">https://www.ldac-acta.ca/scholarships/</a></b></p>	<p><b>Tel: 613-238-5721</b> <a href="mailto:info@ldac-acta.ca">info@ldac-acta.ca</a></p>
<p><b>Transition Resource Guide for Students with Disabilities</b></p>	<p>This guide is a comprehensive tool to help students with disabilities arm themselves with the knowledge they need to access resources at all colleges and universities in Ontario and make a successful transition to post-secondary education. It is aimed to support students as they make the transition by providing information on supports and services available at post-secondary institutions and steps on how to prepare for the transition to post-secondary education.</p>	<p><a href="#">Transition Resource Guide for Students with Disabilities</a></p>
<p><b>Toronto Metropolitan University - Tuition Waiver for Youth in Extended Care</b></p>	<p>If interested in attending Toronto Metropolitan University, they offer tuition waivers for <b>students who grew up in extended society care</b> (previously known as Crown Wards) in Canada, and are currently enrolled in an OSAP-eligible program at the institution. The tuition waiver will cover full tuition and ancillary costs. Students must be in an OSAP-approved program to be considered for the tuition waiver. <b>For more information, visit: <a href="#">Tuition Waiver for Youth in Extended Care</a></b></p>	<p><a href="mailto:awards@torontomu.ca">awards@torontomu.ca</a></p>

# Community Supports

The following are examples of local **community supports and services** available in the Nipissing District – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Community Living North Bay</b>	Community Living North Bay provides services and supports to individuals with an intellectual disability and their families, throughout the North Bay area. <b>For more information, visit:</b> <a href="https://communitylivingnorthbay.org/contact-us/">https://communitylivingnorthbay.org/contact-us/</a>	<b>Located:</b> 741 Wallace Rd., North Bay ON. <b>Tel:</b> 705-476-3288 <a href="mailto:info@communitylivingnorthbay.org">info@communitylivingnorthbay.org</a>
<b>Community Living West Nipissing</b>	Community Living West Nipissing provides services and supports to individuals with an intellectual disability and their families, throughout the West Nipissing area. <b>For more information, visit:</b> <a href="http://www.communitylivingwestnipissing.com/Site/About_Us.html">http://www.communitylivingwestnipissing.com/Site/About_Us.html</a>	<b>Located:</b> 75 Railway St., Sturgeon Falls, ON. <b>Tel:</b> 705-753-2482
<b>The PADDLE Program</b>	Offers a structured, meaningful, inclusive and community-based environment where adults with developmental disabilities can continue to thrive and grow socially, physically, emotionally and intellectually. Provides adults with special needs opportunities and choices in learning experiences and community involvement. <b>For more information, visit:</b> <a href="http://paddlenorthbay.ca/site/">http://paddlenorthbay.ca/site/</a>	<b>Located:</b> 235 Albert St., North Bay ON. <b>Tel:</b> 705-493-2401 <a href="mailto:info@paddlenorthbay.ca">info@paddlenorthbay.ca</a>
<b>Transit &amp; Transportation</b>	Municipalities and transportation services may offer accessible transportation options for individuals in the community who are unable to use regular transit services. To learn more about accessible transit in your area, visit the links to the side or contact your local transit service provider.	<a href="#">North Bay Accessible Transit</a>

# Home Supports

These are examples of **home support services** – may not be an exhaustive (complete) list.

For a more detailed list of in-home personal support services available in the area, you can visit: [Caregiver Exchange](#)

Program	Details	Contact
<b>Home and Community Care Support Services North East</b>	Provides access and referrals to other community services, and manage Ontario’s long-term care home placement process. <a href="#">Guide to Home and Community Services</a> For more information, visit: <a href="https://www.healthcareathome.ca/region/north-east/">https://www.healthcareathome.ca/region/north-east/</a>	<b>North East Office:</b> Tel: 705-476-2220 Toll-Free: 1-888-533-2222
<b>VON</b>	Provides multiple different in community and at home programs as well as respite services. Programs include supports for daily living, assisted living, foot care, housekeeping support. VON also provides a matching and linking service for adults with developmental disabilities and families within the community. For more information, visit: <a href="https://von.ca/en/service-categories/health-home">https://von.ca/en/service-categories/health-home</a>	<b>North Bay Office:</b> Tel: 705-472-8050
<b>ParaMed</b>	Provides home support and nursing services for clients of all ages. Home support services include: bedside care, hygiene (bathing, grooming, dressing), feeding, medication assistance, mobility. For more information, visit: <a href="https://www.paramed.com/services/help-at-home/personal-home-care/">https://www.paramed.com/services/help-at-home/personal-home-care/</a>	<b>North Bay Office:</b> Tel: 705-495-4391 Toll-Free: 1-800-268-0235 <a href="#">Assessment Application Link</a>
<b>CarePartners – North Bay Rehabilitation, PSW, Nursing &amp; Clinic</b>	Provides Companion Care, Personal Care, Nursing Care and Specialty Care for individuals of all ages who are living in the community. For more information, visit: <a href="https://www.carepartners.ca/contact-us/">https://www.carepartners.ca/contact-us/</a>	<b>North Bay Office:</b> Tel: 705-560-5926 Toll-Free: 1-866-886-4172 <a href="#">Send an Email</a>

# Mental Health and Crisis Services

These are examples of **mental health and crisis services** in the area – may not be an exhaustive (complete) list.

**If you are experiencing a crisis and need assistance, please call 911 or go to the nearest hospital or Emergency Room**

Program	Details	Contact
<b>Canadian Mental Health Association North Bay and District</b>	CMHA North Bay and District is a local Mental Health, Addictions and Peer Support agency that specializes in support services to people with a serious mental illness. Provides collaborative support, advocacy and sustainable housing to those who have a serious and persistent mental illness, who may also have other medical and/or behavioral complexities. <b>For more information on all programs at CMHA-NBD, visit:</b> <a href="https://nbd.cmha.ca/about-cmha/">https://nbd.cmha.ca/about-cmha/</a>	<b>Located:</b> 222 Main St. E., North Bay ON. <b>Tel:</b> 705-476-4088 <a href="mailto:contactus@nbd.cmha.ca">contactus@nbd.cmha.ca</a>
<b>Northern Initiative for Social Action (NISA) Warm Line</b>	Offers peer support and addresses some of the challenges facing people with lived experience of mental illness. One central line connects individuals to operators in Parry Sound, North Bay, Sudbury, Sault Ste. Marie and Timmins. This service is confidential. <b>For more information, visit:</b> <a href="#">NISA Warm Line Information</a>	<b>Toll-Free:</b> 1-866-856-9276 (WARM)
<b>North Bay Regional Health Centre– Crisis Intervention</b>	Provides free 24/7 crisis intervention support to individuals in the Nipissing Districts. No appointments necessary. <b>For more information about NBRHC’s other Mental Health programs, visit:</b> <a href="http://www.crisishelp.ca/">http://www.crisishelp.ca/</a>	<b>Located:</b> 50 College Dr., North Bay ON. <b>Tel:</b> 705-495-8198 or 705-495-8148 <b>Toll-Free:</b> 1-800-35201141
<b>West Nipissing General Hospital – Alliance Centre</b>	The Crisis Intervention Program offers telephone or face-to-face contact to persons who seek immediate relief from symptoms of emotional and/or situational distress which affect their ability to cope. <b>Hours:</b> Daily, 4:00pm – 11:00pm <b>For more information, visit:</b> <a href="https://www.wngh.ca/programs-services/">https://www.wngh.ca/programs-services/</a>	<b>Located:</b> West Nipissing General Hospital, Sturgeon Falls ON. <b>Tel:</b> 705-753-3110 ext. 288 <a href="mailto:alliancecentre@alliancecentre.ca">alliancecentre@alliancecentre.ca</a>
<b>Hope for Wellness Helpline</b>	The Hope for Wellness Helpline is a crisis prevention/intervention service available to all Indigenous people across Canada. They offer experienced and culturally competent counsellors who are reachable 24/7. Both telephone and online services are available, telephone services are available in Cree, Ojibway and Inuktitut. <b>For more information, visit:</b> <a href="https://www.hopeforwellness.ca/about-us/">https://www.hopeforwellness.ca/about-us/</a>	<b>Toll-Free:</b> 1-855-242-3310

# Food Banks

The following are examples of **local food banks** – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>North Bay Food Bank</b>	<p><b>Located:</b> 1016 Fisher St., North Bay ON.  <b>Hours:</b> Monday &amp; Tuesday, 9:00am – 12:00pm; Wednesday &amp; Thursday, 3:00pm – 6:00pm  <b>For a list of what you need to access this service, visit:</b> <a href="#">North Bay Food Bank</a></p>	<b>Tel:</b> 705-495-3290
<b>Salvation Army North Bay Ministries</b>	<p><b>Located:</b> 134 McIntyre St., E., North Bay ON.  <b>Hours:</b> Tuesday, Wednesday, Thursday, 10:00am – 2:00pm <b>by-appointment only.</b></p>	<b>Tel:</b> 705-474-7859
<b>Callander and Area Food Bank</b>	<p><b>Located:</b> 79 Lansdowne, St., North Bay ON.  <b>Hours:</b> Monday &amp; Tuesday, 9:00am – 12:00pm</p>	<b>Tel:</b> 705-752-0777
<b>West Nipissing Food Bank – Sturgeon Falls</b>	<p><b>Located:</b> 109 Third St., Unit 3, Sturgeon Falls ON.  <b>Hours:</b> Every 1<sup>st</sup> &amp; 2<sup>nd</sup> Wednesday, 9:00am – 12:00pm</p>	<b>Tel:</b> 705-840-8680
<b>Mattawa &amp; Area Food Bank</b>	<p><b>Hours:</b> Every second Wednesday, 9:00am – 12:00pm  <b>For more information, visit:</b> <a href="https://www.facebook.com/MattawaFoodBank/">https://www.facebook.com/MattawaFoodBank/</a></p>	<b>Tel:</b> 705-744-6706
<b>The Parish of St. John the Divine – Food Shelf</b>	<p><b>Located:</b> 301 Main St., E., North Bay ON.  <b>Hours:</b> Wednesdays, 9:00am.</p>	<p><b>Tel:</b> 705-472-6070  <a href="mailto:sjdparish@gmail.com">sjdparish@gmail.com</a></p>



# Free Community Meals



The following are examples of local organizations that offer **free hot meals** to the individuals in need in the community. May not be an exhaustive (complete) list.

Program	Details	Contact
<b>The Gathering Place (TGP) – Drop in Meals</b>	<p>Offers drop-in meal services in North Bay. <b>Located:</b> 1181 Cassells St., North Bay ON. <b>Hours: Breakfast</b> – Monday-Friday, 9:00am – 10:00am <b>Lunch</b> – Monday-Friday, 11:30 – 1:15pm <b>Dinner</b> – Mondays, Tuesdays, Fridays, Saturdays, 4:00pm – 5:30pm</p> <p>For more information, visit: <a href="https://www.thegatheringplacenorthbay.ca/programs/drop-in-meals/">https://www.thegatheringplacenorthbay.ca/programs/drop-in-meals/</a></p>	<p><b>Tel:</b> 705-474-7687</p>
<b>The Parish of St. John the Divine – Community Dinner</b>	<p>Offers a weekly community dinner available for takeout. <b>Located:</b> 301 Main Street East, North Bay ON. <b>Hours:</b> Wednesdays at 4:30pm</p>	<p><b>Tel:</b> 705-472-6070 <a href="mailto:sjparish@gmail.com">sjparish@gmail.com</a></p>

# Meal Services



**Meals on Wheels** delivers affordable, nutritious and delicious meals to members of the community who are unable to prepare their own food. These are examples of services offered in the area – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>VON – Meals on Wheels (Hot &amp; Frozen Meals)</b>	<p><b>Hot Meal Delivery:</b> Monday to Friday between 11:00 am to 1:00pm</p> <p><b>Frozen Meal Delivery:</b> Tuesday &amp; Thursdays between 11:15am to 1:00pm</p> <p>Frozen meals must be ordered 1 week ahead.</p>	<p><b>Located:</b> North Bay, ON</p> <p><b>Tel:</b> 705-472-0904 ext. 38224</p> <p><a href="mailto:northbay.mealsonwheels@von.ca">northbay.mealsonwheels@von.ca</a></p>
<b>Mattawa Hospital – Meals on Wheels</b>	<p>Hot meal which consists of milk, soup, salad, main plate and dessert. Meals are delivered by volunteers who provide regular social contact and wellness checks each time a meal is delivered.</p> <p><b>Price:</b> \$5.00/meal</p>	<p><b>Tel:</b> 705-744-5511 ext. 2258</p> <p><a href="mailto:llamothe@mattawahospital.ca">llamothe@mattawahospital.ca</a></p>
<b>Au Château - Home for the Aged</b>	<p><b>Meal Delivery:</b> Monday, Wednesday, Friday, 11:30am – 12:15pm</p> <p>Hot meal consists of milk, soup, salad, main plate and dessert.</p> <p><b>Price:</b> \$7.00/meal</p>	<p><b>Located:</b> Sturgeon Falls, ON</p> <p><b>Tel:</b> 705-753-7116</p> <p><a href="mailto:kymberly.budge@auchateau.ca">kymberly.budge@auchateau.ca</a></p>
<b>Independence North Bay – Meal Delivery</b>	<p>Independence is a company that offers help to those in need to be able to live and maintain a safe and healthy life in their home. They offer a menu of homemade frozen entrees, soups, sandwiches, wraps, etc. for a price.</p> <p><b>For more information and a full menu with prices, visit:</b> <a href="#">Independence North Bay</a></p>	<p><b>Located:</b> North Bay, ON</p> <p><b>Tel:</b> 705-845-5079</p> <p><a href="mailto:independencenorthbay@gmail.com">independencenorthbay@gmail.com</a></p>

# Clothing & Household Items

The following are examples of where you may find free and/or affordable clothing and household items locally, as well as grants that may be available to provide financial assistance with purchasing these items – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Rebuilt Resources Thrift Store</b>	<p><b>Located:</b> 1356 Regina Street, North Bay ON.  <b>Hours:</b> Tuesday-Friday, 9:00am-4:00pm; Saturday, 10:00am – 3:00pm.  <b>For more information, visit:</b> <a href="https://rebuiltresources.com/">https://rebuiltresources.com/</a></p>	<b>Tel:</b> 705-497-7878
<b>Hope Awaits Ministries Clothing Bank</b>	<p>Offers donated men’s clothing items to the community at no charge. Visit in person, no appointment is necessary.  <b>Located:</b> 390 First Avenue East, North Bay ON.  <b>Hours:</b> Daily, 9:00pm – 9:00am  <b>For more information, visit:</b> <a href="https://www.hopeawaitsministries.com/clothing-bank.html">https://www.hopeawaitsministries.com/clothing-bank.html</a></p>	<p><b>Tel:</b> 705-494-5465  <a href="mailto:contactus@howawaitsministries.com">contactus@howawaitsministries.com</a></p>
<b>Value Village</b>	<p><b>Located:</b> 390 Lakeshore Drive, North Bay ON.  <b>Hours:</b> Tuesday-Saturday, 10:00am – 9:00am; Sunday, 10:00am – 7:00pm</p>	<b>Tel:</b> 705-476-1888
<b>The Gathering Place</b>	<p>During the winter months, The Gathering Place keeps a supply of warm toques, mitts and scarves for anyone who walks in without them.  <b>Located:</b> 1181 Cassells Street, North Bay ON.</p>	<b>Tel:</b> 705-474-7687
<b>Ceridian Cares</b>	<p>Ceridian Cares offers grants to individuals in need of financial assistance to cover the costs for the following types of needs: Clothing &amp; Footwear, Food &amp; household Needs (ex. blankets, mattresses, cookware &amp; dishes, small appliances, personal hygiene items, etc.), eligible medical costs and recreational programs.  <b>For more information, visit:</b> <a href="https://www.ceridiancares.ca/evaluation">https://www.ceridiancares.ca/evaluation</a></p>	<a href="#">Link to Application</a>

# Resources for Transitional Aged Youth

The following section provides information about the resources, programs and services that are available to youth aged 16-24 as they transition into adult services. The Developmental Services Ontario does not promote nor endorse any of these private services.

**If you are looking for services not found in this section, you can visit: <https://211ontario.ca/> or call 2-1-1**



# Youth Community Groups & Recreation

The following are community groups and recreation activities that are offered within the district for youths aged 16-24. May not be an exhaustive (complete) list.

Program	Details	Contact
<b>K'Swakamok - Wasa Nabin Youth Program</b>	<p>The Wasa-Nabin Program is designed to improve the quality of life if urban Aboriginal youth through the delivery of culturally appropriate services and programs. The program is specifically designed to provide a comprehensive set of activities for at risk urban Aboriginal youth ages 13-18 yrs.</p> <p><b>For more information, see:</b> <a href="#">Wasa Nabin Program Brochure</a></p>	<p><b>Tel:</b> 705-674-2128  <b>Darryl Walker, Program Coordinator</b>  <a href="mailto:wasanabin@nfcsudbury.org">wasanabin@nfcsudbury.org</a></p>
<b>Sudbury Action Centre for Youth – Life Skills/Wellness Programs</b>	<p>This program provides both individual and group training to support youth in their growth and development into adults within our community with jobs, homes, and active social lives.</p> <p><b>For more information, see:</b> <a href="https://www.theactioncentre.ca/">https://www.theactioncentre.ca/</a></p>	<p><b>Located:</b> 95 Pine St., Sudbury ON.  <b>Tel:</b> 1-705-673-4396  <b>Toll-Free:</b> 1-800-743-8851  <a href="mailto:sacy@sacy.ca">sacy@sacy.ca</a></p>
<b>SACY – Youth Drop-In Centre</b>	<p>The youth drop-in centre provides a safe, non-judgemental environment where youth between the ages of 16-24 are able to gather for the purpose of socialization, recreation and access to social services.</p> <p><b>For more information:</b> <a href="https://www.theactioncentre.ca/">https://www.theactioncentre.ca/</a></p>	<p><b>Located:</b> 95 Pine St., Sudbury ON.  <b>Tel:</b> 1-705-673-4396  <b>Toll-Free:</b> 1-800-743-8851  <a href="mailto:sacy@sacy.ca">sacy@sacy.ca</a></p>
<b>YMCA NEO – Youth in Transition</b>	<p>Youth aged 16-24 in Sudbury who have been in the care of a Children’s Aid Society or are leaving care, will work with the Youth in Transition Worker and develop a plan based on personal goals and needs.</p> <p><b>For more information:</b> <a href="https://www.ymcaneo.ca/community-youth-in-transition/">https://www.ymcaneo.ca/community-youth-in-transition/</a></p>	<p><b>Tel:</b> 249-377-5648  <a href="mailto:yit@ymcaneo.ca">yit@ymcaneo.ca</a></p>

# Youth Housing Supports

The following are housing supports that are available for youths aged 16-24 in Greater Sudbury - may not be an exhaustive (complete) list.

Program	Details	Contact
<b>YMCA NEO – Housing Support Worker Program</b>	<p>A program designed to support youth between 16-17 years of age in Sudbury, who are voluntarily in the care of a Children’s Aid Society. Youth will be assisted with:</p> <ul style="list-style-type: none"><li>• Identifying their housing needs</li><li>• Ongoing support to obtain and retain housing</li><li>• Identifying, navigating, and accessing services relevant to their needs (financial literacy, household management, tenant skills)</li><li>• Accessing employment and skill-based workshops</li></ul> <p>For more information: <a href="https://www.ymcaneco.ca/community-housing-support-worker-program/">https://www.ymcaneco.ca/community-housing-support-worker-program/</a></p>	<p>Tel: 249-377-5648 <a href="mailto:yit@ymcaneco.ca">yit@ymcaneco.ca</a></p>

# Youth Employment Programs

The following are examples of employment programs that are available to support youth with finding meaningful employment – may not be an exhaustive (complete) list.

Program	Details	Contact
<b>Community Living Ontario – Skills Link Program</b>	<p>Student Links provides an opportunity for students (ages 14 to 21) who have an intellectual disability to explore ideas for their future after high school. It matches students and mentors who share a common passion or interest. The goal is to enhance their capacity to make informed decisions about their future prior to leaving school and to support the natural development of relationships and connections to their community.</p> <p><b>For more information, visit:</b> <a href="https://communitylivingontario.ca/what-we-do/student-links/">https://communitylivingontario.ca/what-we-do/student-links/</a></p>	<p><b>Dustin Fay, Student Coordinator</b>  <b>Tel:</b> 705-476-3288  <a href="mailto:dfay@communitylivingontario.ca">dfay@communitylivingontario.ca</a></p>
<b>Big Brother Big Sisters North Bay – Big Possibilities Program</b>	<p>The RBC BIG Possibilities Program is a community-based program that provides resources for youth 15-24 years old, in a manner that is focused on core outcomes while remaining responsive to the local needs and challenges of youth. This is done through one-on-one and group based mentoring delivered by our Service Delivery Staff and community partners. Supports include: Discussions surrounding future careers and post-secondary aspirations, Referrals to community employment agencies, groups focused on career readiness and post secondary skills &amp; information.</p> <p><b>For more information:</b> <a href="https://northbay.bigbrothersbigsisters.ca/what-we-do/our-programs/">https://northbay.bigbrothersbigsisters.ca/what-we-do/our-programs/</a></p>	<p><b>Serena Lecappelain</b>  <b>Tel:</b> 705-474-3041 ext. 1  <a href="mailto:Serena.lecappelain@bigbrothersbigsisters.ca">Serena.lecappelain@bigbrothersbigsisters.ca</a></p>
<b>YES Employment – Youth Job Connection</b>	<p>The Youth Job Connection (YJC) program serves youth aged 15 to 29 who experience multiple and/or complex barriers to employment by providing more intensive supports beyond traditional job search and placement opportunities. YJC offers intensive support and training to youth who are not working, not in school and not in training.</p> <p><b>For more information:</b> <a href="https://yesnorthbay.com/seeking-work/programs/">https://yesnorthbay.com/seeking-work/programs/</a></p>	<p><b>Located:</b> 149 Main St. E., North Bay ON  <b>Tel:</b> 705-476-3234  <a href="mailto:ask@yesnorthbay.com">ask@yesnorthbay.com</a></p>

# Youth Legal Supports

The following are legal services available to support youth who are in conflict with the criminal justice system or need legal advice. May not be an exhaustive (complete) list.

Program	Details	Contact
<b>CMHA Sudbury/Manitoulin – Youth Mental Health Court Outreach</b>	Youth Mental Health Court Outreach is a service that provides support to youth aged 12 to 17 years of age, who are involved in the court system, by providing court support, mental health diversions, advocacy and education etc. Community education regarding youth mental health is provided, as requested. <b>For more information:</b> <a href="https://sm.cmha.ca/programs-services/justice-program/">https://sm.cmha.ca/programs-services/justice-program/</a>	<b>Caitlin Germond, Coordinator, Justice Services</b> <a href="mailto:cgermond@cmha-sm.on.ca">cgermond@cmha-sm.on.ca</a>
<b>N'Swakamok – Aboriginal Courtwork Program</b>	The Aboriginal Courtwork Program provides assistance to all Aboriginal people who are in conflict with the law, whether they are Status, Non-status or Metis. <b>For more information:</b> <a href="http://www.nfcsudbury.org/Brochures/Aboriginal%20Courtwork%20Program.pdf">http://www.nfcsudbury.org/Brochures/Aboriginal%20Courtwork%20Program.pdf</a>	<b>Tel: 1-705-674-2128</b> <b>Margaret Linklater, Court Worker</b> <a href="mailto:courtworker@nfcsudbury.org">courtworker@nfcsudbury.org</a>  <b>Norman Beauvais, Court Worker</b> <a href="mailto:courtworker@on.aibn.com">courtworker@on.aibn.com</a>
<b>Justice for Children &amp; Youth</b>	Offers Free confidential legal advice for youth under 18 and homeless youth under 25 in Ontario. <b>For more information, see:</b> <a href="https://jfcy.org/en/">https://jfcy.org/en/</a>	<b>Toll Free: 1-866-999-5329</b>



# Financial Assistance for Youth

The following are examples of programs that are available across Ontario that provide financial assistance for transitional aged youth (ages 16-24) who are transitioning into adult services and supports. May not be an exhaustive (complete) list.

Program	Details	Contact
<b>Telus Mobility for Good</b>	Mobility for Good® helps youth aging out of care achieve independence by providing them with a free phone and a \$0 plan. This enables them to stay in touch with friends and vital support networks, search for somewhere to live, find education and job opportunities, and build credit. For more information, see: <a href="https://www.telus.com/en/social-impact/connecting-canada/connecting-for-good-programs/youth">https://www.telus.com/en/social-impact/connecting-canada/connecting-for-good-programs/youth</a>	<a href="#">Telus Mobility for Good</a>